

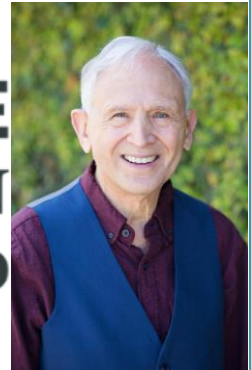
somaticexperiencing.com / traumahealing.org



Scroll down for postponement info + lots of free online programming



ERGOS INSTITUTE
of SOMATIC EDUCATION
PETER A LEVINE, PHD

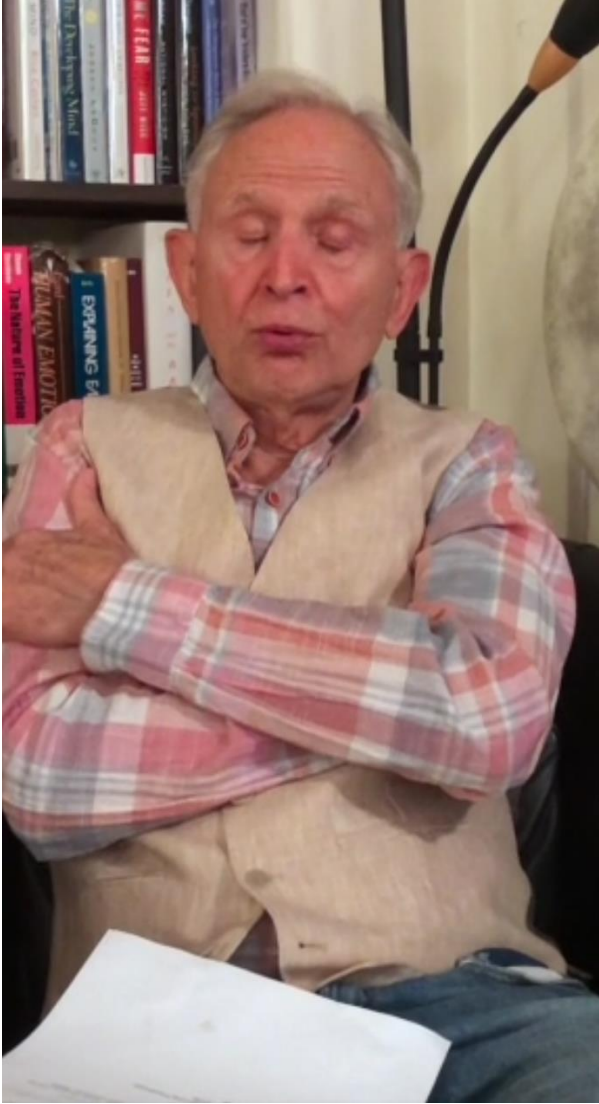


SE™ 4 Kids
w/Peter & Maggie



Longtime friends and colleagues Dr. Levine and Maggie Kline join Dr. Nickerson in a fun conversation about tools that caregivers and Somatic Experiencing® Practitioners can use with children.

[View Peter & Maggie](#)



**EXPERIENTIAL EXERCISES 1
w/Dr. Levine**

Practice your Voo, Self-Hug, Healthy Aggression, Boundaries, and more self-regulation tools w/Peter.

[View Voo+](#)



**COMFORTING KIDS
w/Dr. Levine**

How are the kids doing? Peter takes us through some of the things he suggests to help guide children to a place of confidence, joy, and resilience.

[View 4 Kids](#)

the Embodied Yoga Summit



FREE 5-DAY CONFERENCE
ONLINE: APRIL 22-26, 2020

With so many of us stuck at home and less mobile than are bodies are accustomed to (myself included), our health will start to suffer over time. Are you ready to reclaim - and embody - your most vibrant self? I am.

Join us to explore how connecting with the body and learning to move with awareness can promote a deeper level of health, happiness, and inner well-being than you ever thought possible.

Be well during this time,

Peter

[Learn More & Register](#)

Watch Online

Relational Implicit presents

Dave & Joshua

How COVID-19 is affecting our work as therapists



In this conversation, SE™ Legacy Faculty members Dave Berger, MFT, PT, LCMHC, SEP and Joshua Sylvae, PhD talk with Serge Prengel about how Covid-19 and social distancing are affecting our work as therapists. They discuss practical details, such as how we use video-conferencing, as well as putting things in a larger context.

[View Dave & Joshua](#)

Brand new class! Online

Making the Invisible, Visible:

A Trauma Healing Journey from Hauntings to Wholeness

A BENEFIT FOR SPIRIT ROCK & COMMUNITY HEALTH SE™



*Join Dr. Levine
Livestream Online
May 23rd - 24th*

During this new course, Dr. Levine will discuss how, unbeknownst to us, we may be influenced by events and circumstances that our ancestors have experienced during their lifetimes, which are far out of our conscious awareness.

[#generationaltrauma](#)

[Learn More & Register](#)

SE™ tool recommended by Dr. Levine

BASIC USE OF THE TUNING BOARD DURING STRESSFUL TIMES

Online Summit, Conversations, Private Sessions, plus a crisis discount.



[Learn More about Tuning Boards](#)



April 13th - 17th, 2021 in San Diego, CA
Save the Date + Secure your Lodging (limited rooms left)

[Click for Online Lodging Reservations](#)

or call Hotel @ 1-855-463-3361

Upcoming
with Peter A Levine



Scroll Down for Courses
Lots of Free Online Programming at the Bottom

Los Angeles, CA *will be rescheduled: full refund*

Trauma in the Public Eye I Workshop

w/ Dr. Levine & Betsy Polatin, MFA

Ergos Institute of Somatic Education™

Downtown Dance and Movement in Los Angeles, CA

Prerequisite: Open to professional performers & the performer within us all

Los Angeles, CA *will be rescheduled: full refund*

SE™ Case Consultation and Demonstration

w/ Dr. Levine

Ergos Institute of Somatic Education™

Prerequisite: SE™ Beg I+

2 SE™ Case Consultation credits available

Burlingame, CA: May 13th - 17th *will be rescheduled: full refund*

SE™ Master Class: Healing our Children's Future

The Intersection of Somatic Experiencing® and Theraplay

w/ Dr. Levine & Dafna Lender, LCSW

Ergos Institute of Somatic Education™

Prerequisite: SE™ Beg II+

CEUs Available

Woodacre, CA: May 23rd - 24th *Livestream Online Only*

Making the Invisible, Visible Workshop

A Trauma Healing Journey from Hauntings to Wholeness

w/ Dr. Levine

Prerequisite: Open to the Public

CEUs available through Spirit Rock

A Benefit for Spirit Rock and Community Health SE™

Zurich, CH: June 4th

Supervision for all SE™ Levels

w/ Dr. Levine

Polarity

Zurich, Switzerland

Prerequisite: SE™ Intro+

Weggis, CH: June 6th - 10th

SE™ Master Class: Eye of the Needle *(first module of III)*

w/ Dr. Levine

Polarity

Weggis, Switzerland

Prerequisite: SE™ Adv II+

London, UK: June 13th - 14th *will be rescheduled: full refund*

SE™ Master Class: Depression, Aggression & Life Force

w/ Dr. Levine

SOSInternationale

Prerequisite: TBD

London, UK: June 15th *will be rescheduled: full refund*

SE™ Case Consultation and Demonstration

w/ Dr. Levine

SOSInternationale

Prerequisite: SE™ Intro+

2 SE™ Case Consultation Credits will be available

London, UK: June 20th - 21st

Trauma in the Public Eye II Workshop *will be rescheduled: full refund*

w/ Dr. Levine & Betsy Polatin, MFA

Ergos Institute of Somatic Education™

Prerequisite: Open to professional performers & the performer within us all

Attending TPE I is not a requirement to attend TPE II

CEUs will be available

Belfast, IE June: 22nd - 23rd *will be rescheduled to June 2021: full refund*

International Trauma Summit

w/ Dr. Levine & many other greats

Action Trauma, LTD

International Conference Center, Waterfront in Belfast, Ireland

Prerequisite: Open to the Public

London, UK: June 27th *will be rescheduled: full refund*

How the Body Releases Trauma and Restores Goodness

w/ Dr. Levine

PESI, UK

Prerequisite: Open to Therapeutic Professionals and the Public

In-person and online

London, UK: June 28th *will be rescheduled: full refund*

Trauma & Memory: Brain and Body in the Search for the Living Past

An exploration into Somatic Experiencing®

w/ Dr. Levine

Alternatives, UK

Prerequisite: Open to the Public

Not available online

Lausanne, CH: July 3rd, 6pm - 8:30pm

Trauma and Memory Evening Workshop

w/ Dr. Levine

Polarity

Lausanne, Switzerland

Prerequisite: Open to the Public

Lausanne, CH: July 4th - 5th

Body Reading and Developmental Trauma Workshop

w/ Dr. Levine

Polarity

Lausanne, Switzerland
Prerequisite: SE™ Beg I+

Lausanne, CH: July 6th

Supervision for all SE™ Levels

w/ Dr. Levine

Polarity

Lausanne, Switzerland

Prerequisite: SE™ Intro+

Zurich, CH: July 9th

Supervision for all SE™ Levels

w/ Dr. Levine

Polarity

Zurich, Switzerland

Prerequisite: SE™ Intro+

Weggis, CH July: 11th - 14th

SE™ Master Class: Energy Fields, Space-Time and the Ancestors

Making the Invisible, Visible: A Journey from Hauntings to Wholeness

w/ Dr. Levine

Polarity

Weggis, Switzerland

Prerequisite: see description

Portland, OR: July 24th - 26th

SE™ Legacy Master Class

Therapeutic Presence, Therapeutic Rhythm \$55 off until June 1st

w/ Ian Macnaughton, PhD & Joshua Sylvae, PhD (Dr. Levine will not be present)

Ergos Institute of Somatic Education™

St. Philip Neri Carvlin Hall in Portland, OR

Submit your SE™ clients to be Demos

Prerequisite: SE™ Beg I+

18 CEUs will be available

SE™ Case Consult credits will be included at no additional cost

Not available online

Weggis, CH: August 8th - 11th

SE™ Master Class: From Survival to Existential

The SE™ Approach of providing support to individuals in distress

w/ Dr. Levine

Polarity

Weggis, Switzerland

Prerequisite: SE™ Beg III+

Weggis, CH: August 13th - 16th

14th Annual Swiss Learning Festival

Adolescence and Sexuality Workshop

w/ Dr. Levine & Marianne Bentzen

Polarity

Weggis, Switzerland

Prerequisite: Open to the Public

Zurich, CH: August 18th

Supervision for all SE™ Levels

w/ Dr. Levine

Polarity

Zurich, Switzerland

Prerequisite: SE™ Intro+

Weggis, CH: September 10th - 13th

SE™ Master Class: Eye of the Needle *(second module of III)*

w/ Dr. Levine

Polarity

Weggis, Switzerland

Prerequisite: SE™ Adv II+

Zurich, CH: September 15th

Supervision for all SE™ Levels

w/ Dr. Levine

Polarity

Zurich, Switzerland

Prerequisite: SE™ Intro+

Zurich, CH September: 17th - 19th

Zurich Traumadays: Dignity and the Wounding of the Soul

w/ Dr. Levine and Gerald Huether

Peter presents September 17th: Shame and Dignity

Polarity

Zurich, Switzerland

Prerequisite: SE™ Intro+

Stockbridge, MA: October 5th @ 7:30pm - 8th @ noon *registration opens soon on the Kripalu website*

Awakening the Ordinary Miracle of Healing

w/ Dr. Levine

Kripalu Center for Yoga & Health

Stockbridge, MA

Prerequisite: Open to the Public

CEUs available

Not available online

[Dedham, MA: October 10th - 13th](#) *registration opens soon*

SE™ Master Class: Syndromes

w/ Dr. Levine & Legacy Faculty: *Abi Blakeslee, PhD and Dave Berger, MFT, PT, LCMHC, SEP*
Ergos Institute of Somatic Education™

Hilton Boston/Dedham in Dedham, MA (21 miles from Boston Airport)
(room rates of \$159/night will be available when registration opens)

Submit your SE™ clients to be Demos

Prerequisite: *Int II+*

CEUs will be Available

2 SE™ Case Consult credits will be included no additional cost

Not available online

[Anaheim, CA: December 9th - 13th](#)

Evolution of Psychotherapy Convention

w/ Dr. Levine & many other greats

The Milton H. Erickson Foundation

Anaheim Convention Center in Anaheim, CA

Prerequisite: *Open to the Public*

Free Online Programming

Watch Online



April 20th free for ten days
Online Summit w/Dr. Ian Macnaughton
Levine Legacy Faculty
over 30 therapists, relationship experts, and doctors.

[Learn More & Register](#)

Watch Online



Join Dr. Levine and his Somatic Experiencing® Faculty as they discuss and demonstrate ways to soothe uncomfortable feelings associated with COVID-19.

Free 40-minute lecture, including several experiential exercises with Dr. Levine.

[View Lockdown pt 1](#)

Watch Online

Psychotherapy Networker presents:
Dr. Levine's Fear and Courage Keynote
including a Lifetime Achievement Award

[View Peter's Keynote & Award](#)

*Psychotherapy Networker has given us full access to share this video.

Listen Online

Podcast with Dr. Levine & Rick Hanson
Being Well Podcast - Healing Trauma with Dr. Peter A Levine - S3 : E83

[Listen to Peter, Rick, and Forrest](#)

Watch Online

The Science and Psychology of Polarization
A great series of 4 films by Rebel Wisdom in the UK
featuring Dr. Levine

How can we even begin to solve many of society's problems if our conversations keep breaking down? Polarization has been growing for decades, and supercharged by social media filter bubbles. This is the first in a series of films from [Rebel Wisdom](#) looking at the science and psychology of polarization.

They speak to Alex Evans, a former government adviser now looking at the roots of division through the [Collective Psychology Project](#). Also, to superstar trauma specialists Dr Peter A Levine, Dr Stephen Porges, Gina Ross, and Steve Haines about how our nervous system is intimately involved in assessing safety and threat, and how that underlies all conflict and polarization in politics and our world.

[Watch Part 1 of 4 on YouTube](#)

[Learn More about Rebel Wisdom](#)

Read Online
Managing Yourself
Coping with fear and panic during a crisis
featuring Dr. Levine

by Tony Schwartz and Emily Pines
Harvard Business Review

[Read Article](#)

Dr Levine's Private Practice is Closed

To Learn more about...

- *finding an SE™ Practitioner*
- *registering for the SE™ intro*
- *taking the 8 module SE™ training (3 yrs)*
- *becoming an SE™ Practitioner*
- *donating to Peter's Community Health SE™ public programs*

...please visit: www.traumahealing.org

See what's happening on our social sites:



On Instagram: *Heart warming...200+ community members are sharing what they are doing to enjoy this time and/or stay social while physically distancing.*

Ergos Institute of Somatic Education™

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www.traumahealing.org
www.somaticexperiencing.com